



“We’ll Paint the Octopus Red” | Lesson Plan

Grade Level:

- K- 2

Subject and Topic:

- Social/Emotional Skills
- Inclusion and acceptance
- Down syndrome awareness and celebrating our differences

Materials Needed:

- Whiteboard/projector for video
- Copies

About:

March 21 is World Down Syndrome Day, an annual opportunity to bring awareness about Down syndrome and celebrate individuals with Down syndrome.

Down Syndrome Association of the Heartland is committed to educating our community about Down syndrome and providing resources for schools, business and organizations.

Learn more at dsheartland.org.

Procedure:

- Ask students “Does anyone know what Down syndrome is?”, “Does anyone know someone with Down syndrome?”
- Today, we are learning about Down syndrome, our differences, and how we can do the same things despite our differences
- Play video “We’ll Paint the Octopus Red”
- Ask “What does this book teach us about accepting others?”, “Have you ever learned to accept someone who might look, act or talk differently than you?”, “What was that like?”
- Complete “Color & Compare” worksheet and discuss
- Complete “My Adventures” worksheet and share

References:

- Video: “We’ll Paint the Octopus Red” read by Hannah and Monica Crim, Down Syndrome Association of the Heartland family
- Worksheet: Color & Compare
- Worksheet: My Adventures

